

## Antiracism Resources

*Waking Up White: And Finding Myself in the Story of Race*, Debby Irving  
(one of the primary texts for the Sacred Ground series)

<https://bookshop.org/books/waking-up-white-and-finding-myself-in-the-story-of-race/9780991331307>

21-Day Racial Equity Habit Building Challenge

<https://debbyirving.com/21-day-challenge/>

Episcopal Public Policy Network | Office of Government Relations

<https://episcopalchurch.org/OGR/action-alerts>

*How to be an Anti-Racist*, Ibram X. Kendi

[https://www.google.com/books/edition/How to Be an Antiracist/6pNbDwAAQBAJ?hl=en&gbpv=0](https://www.google.com/books/edition/How_to_Be_an_Antiracist/6pNbDwAAQBAJ?hl=en&gbpv=0)

*Between the World and Me*, Ta-Nehisi Coates

[https://www.google.com/books/edition/Between the World and Me/YoGJDQAAQBAJ?hl=en&gbpv=0](https://www.google.com/books/edition/Between_the_World_and_Me/YoGJDQAAQBAJ?hl=en&gbpv=0)

*American Creed* (one of the first films shown in the Sacred Ground series)

<https://www.pbs.org/show/american-creed/>

Condoleezza Rice, former U.S. Secretary of State, and David M. Kennedy, Pulitzer Prize-winning historian, come together from different points of view to investigate the idea of a unifying American creed. Their spirited inquiry frames the stories of people striving to bridge deepening divides in different communities around the country.

## Segregated by Design

EDUCATION THAT LEADS TO LEGISLATION

'Segregated By Design' examines the forgotten history of how our federal, state and local governments unconstitutionally segregated every major metropolitan area in America through law and policy.

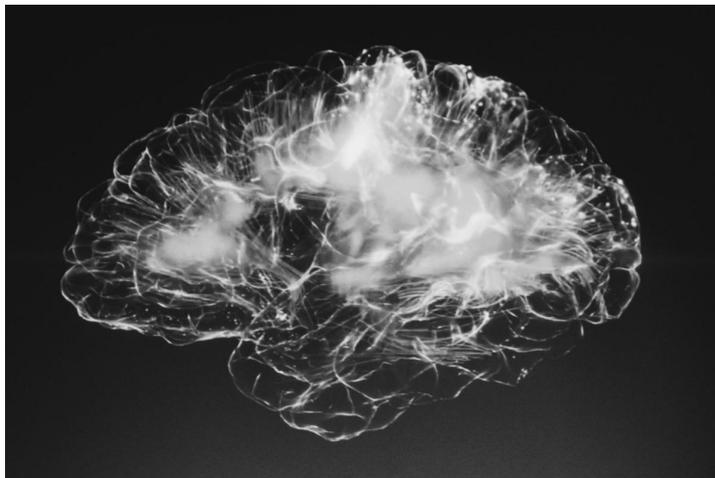
Prejudice can be birthed from a lack of understanding the historically accurate details of the past. Without being aware of the unconstitutional residential policies the United States government enacted during the middle of the twentieth century, one might have a negative view today of neighborhoods where African Americans live or even of African Americans themselves.

We can compensate for this unlawful segregation through a national political consensus that leads to legislation. And this will only happen if the majority of Americans understand how we got here. Like Jay-Z said in a recent New York Times interview, "you can't have a solution until you start dealing with the problem: What you reveal, you heal." This is the major challenge at hand: to educate fellow citizens of the unconstitutional inequality that we've woven and, on behalf of our government, accept responsibility to fix it.

Click the link below to watch the video.

<https://www.segregatedbydesign.com>

### **Don't Talk about Implicit Bias Without Talking about Structural Racism**



Implicit bias has been in the news a lot lately. At the National Equity Project, we think it is an important topic that warrants our attention, but it is critical that any learning about implicit bias includes both clear information about the neuroscience of bias and the context of structural racism that gave rise to and perpetuates inequities and harmful racial biases.

Click the link below to continue the article.

<https://medium.com/national-equity-project/implicit-bias-structural-racism-6c52cf0f4a92>

#### **Exercise: Harvard Implicit Bias Survey**

Please Note: The results of this survey are for your information only. We will not be discussing the results with each other.

Click on the link below to take the survey.

<https://implicit.harvard.edu/implicit/>

## Thousands join three-part Becoming Beloved Community NOW webinars on racial justice



[Episcopal News Service] The Episcopal Church's Becoming Beloved Community NOW, a three-part series of webinars on different aspects of the church's racial reconciliation work, was overwhelmed by interest in the Zoom sessions this week, both in registrations and in replay of the videos on Facebook.

The webinars were hosted July 28-30 by a church committee known as the Presiding Officers' Advisory Group on Beloved Community Implementation, which sought to harness the momentum across the church generated by recent nationwide protests against racial injustice and police brutality. The webinars' views indicate that momentum hasn't subsided.

Click <https://www.episcopalnewsservice.org/2020/07/31/thousands-join-three-part-becoming-beloved-community-now-webinars-on-racial-justice/> to continue reading.

### **Vestry Papers Issue on Racial Justice and Reconciliation**

ECF News: Issue 51 - July 2020

The July/August issue of ECF's monthly publication Vestry Papers addresses the theme of Racial Justice and Reconciliation. In it, leaders from across our Church such as Canon Stephanie Spellers, Dean Kelly Brown Douglas and Dr. Catherine Meeks share their visions for racial justice and healing in our broken world. The August issue of Vestry Papers will continue this focus and highlight Asian American and Native American voices among others. Click below to read the July issue.

<https://www.episcopalfoundation.org>

### **Silence Is Not An Option: Why Not Being Racist is Not Enough**

We live in a society where it's no longer enough to simply not be racist—we must proactively choose to be antiracist. And that choice means showing up and doing the work, every single day.

In this episode, Don talks with Professor Ibram X. Kendi and Professor Christopher Petrella about how we got to this moment and what it will require of each of us to build a more inclusive future. Click <https://podcasts.google.com/feed/aHR0cHM6Ly9vbW55LmZtL3Nob3dzL3NpbGVuY2UtaXMtbn90LWFuLW9wdGlubi9wbGF5bGlzdHMvcG9kY2FzdC5yc3M/episode/NjcwYWEzOTctYzFiMi00ODFmLWFhNmUtYWJkZTAwNTc0NGU2?hl=en&ved=2ahUKewiOnbW5z7TqAhXUIDQIHwefA8kQieUEegQIBRAI&ep=6> to listen.

BC member Shelly Arneson, a professor of communication, refers to our Words for the Wordless weekly affirmation, "**Questions are more valuable than answers**," in her reflection on communication and white privilege. Read Shelly's blog. <https://www.arnesoncommunicates.com/blogs-and-news>

As recommended by Michelina Nicotera-Taxiera:

**This Is What Racial Trauma Does To The Body And Brain Racism**, injustice and brutality - experienced directly and indirectly - can have a lasting effect on a person's mental health. - Jillian Wilson

[https://www.huffpost.com/entry/what-racial-trauma-does-body-brain\\_1\\_5efa43b1c5b6acab28459220?ncid=newsltushpnews](https://www.huffpost.com/entry/what-racial-trauma-does-body-brain_1_5efa43b1c5b6acab28459220?ncid=newsltushpnews)

**Dr. Neil Degrasse Tyson** (an astrophysicist) Tyson pointed out that a black kid choosing a field in science was "hands down the path of most resistance" and that it was only through a constant struggle that he got to where he wanted to go.

<https://www.youtube.com/watch?v=z7ihNLEDiuM>

In, "**Born on Third Base**," Chuck Collins "shows us how everyday aspects of our lives actually perpetuate inequality ... without our even knowing it."

<https://files.constantcontact.com/d88c66cc301/72986760-b84f-4c98-b92a-ac5bd3443ccc.pdf>

The Episcopal Diocese of Arizona Anti-Racism committee recommends "**97 Things White People Can Do For Racial Justice**." Perhaps there is one thing on the list that you can do?

<https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>

Preaching the words of the prophet Amos, **Rev. Barber** compels us to action. Please listen here.

<https://youtu.be/eviTAayTGT4>

From The Aspen Institute

<https://www.youtube.com/watch?v=TzuOlyyQlug>

Justice In June website

<https://justiceinjune.org/>

Mich Nicotera-Taxiera commends

**"Uncomfortable Conversations With a Black Man."**

"I really appreciated all of the references that people shared on the email blast. I especially loved Uncomfortable Conversations with a Black Man which is a series narrated by Emanuel

Acho. He answers a lot of questions that come up for white people when you examine racism and it has been really helpful to me. "

<https://www.youtube.com/watch?v=h8jUA7JBkF4>

The Atlantic article **Who Gets to be Afraid in America?**

<https://www.theatlantic.com/ideas/archive/2020/05/ahmaud-arbery/611539/>